

# Boxing Mastery Advanced Technique Tactics And Strategies From The Sweet Science

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February 16th, 2019 - Boxing is a combat sport in which two people usually wearing protective gloves throw punches at each other for a predetermined amount of time in a boxing ring Amateur boxing is both an Olympic and Commonwealth Games sport and is a common fixture in most international games"it also has its own World Championships Boxing is overseen by a referee over a series of one to three minute

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