

# Functional Anatomy Of Yoga A Guide For Practitioners And Teachers

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## **Yoga Anatomy Book Functional Anatomy of Yoga by David Keil**

- Yoga Anatomy Book Functional Anatomy of Yoga is simply the most readable yoga anatomy book Written in a conversational tone and beautifully illustrated

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- Product Description Join David Keil international instructor for this information packed guide through your anatomy David is known for his simplicity and emphasis on concepts and principles that lead one to appreciate the human body

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