

# **Krav Maga Defense How To Defend Yourself Against The 12 Most Common Unarmed Street Attacks**

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## **Krav Maga Wikipedia**

- Like most martial arts Krav Maga encourages students to avoid physical confrontation If this is impossible or unsafe it promotes finishing a fight as

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- 1 The lead hand pull and back hand strike I find this technique more effective against an opponent using a southpaw stance The important element is

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- RICH99 Really the most important part of this is the mental discipline and the good eye and hand coordination After mega SHTF most self defense is

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